

Safe Spaces Covenant

1. Respect everybody in the room and respect yourself.
2. Recognize and embrace the fact that there are multiple valid perspectives, including those of people who are unable to attend.
3. Consider and focus on ideas, and do not evaluate those who express them.
4. Ask questions, and try to understand other people, and the ideas that they express.
5. Open yourself to learning from those who may be very different from you.
6. Embrace open expression and disagreement, but listen and understand before reacting.
7. Practice active listening.
8. Be mindful of how much space you take up in a discussion. Express yourself but do not try to dominate the discussion.
9. Invite people to share themselves openly and freely.
10. Be mindful of body language.

Also, ...

When silence is appropriate, let silence happen.
